



# GREEN goodness juice

celery  
kale

LEMON

Plant  
POWER

ginger

## MAKE:

2 STALKS CELERY  
3 APPLES  
3 ORANGES  
1 CUCUMBER  
1 CUP SWISS CHARD (SPINACH)  
1 CUP KALE  
1 LEMON

GREAT FOR  
**alkalizing**  
the body and  
providing live  
nutrients.

Makes about 3 glasses of green goodness juice.

ORGANIC  
choice